

Stop That Backache!

Those agonizing twinges across the small of the back, that dull, throbbing ache, may be your warning of serious kidney weakness—serious, if neglected, for it might easily lead to gravel, stone in the kidney, bladder inflammation, dropsy or fatal Bright's disease. For you are suffering with a bad back, have dizzy spells, headaches, nervous, dependent attacks or disordered kidneys, get after the cause. Use **Doan's Kidney Pills**, the remedy that has been tried out for you by thousands.

An Alabama Case

J. A. Wauchope, prop. of grocery, 300 Franklin St., Selma, Ala., says: "I suffered a great deal with inactive kidneys and the secretions passed irregularly. Backaches came on every morning. When I stooped over I had a great deal of trouble in straightening up. Doan's Kidney Pills stopped the pains and regulated my kidneys."

Get Doan's at Any Store, 50c a Box
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.

HOT WEATHER Hits the Stomach Hardest

Chicago, Ill.—Hot weather upsets the strongest stomach and causes serious trouble for the weak ones, so word is now going out to thousands of eatonic users that they should, during this hot weather, be on the safe side and take one eatonic tablet about half an hour before meals, as well as after eating. Do this and keep the excess acids and poisonous gases from forming in stomach and bowels. Eatonic acts quickly; it will help the appetite and take away the hot-weather, feverish, thirsty feeling from mouth and stomach, because it takes up the excess acids, poisons and gases and carries them out of the body and, of course, when the cause of the trouble is removed, there can be no bad feeling. Eatonic is like a bit of candy, and is recommended to all as a safe, sure remedy these hot days for stomach and bodily troubles, caused from overheating and drinking cold things. Adv.

ITCH!
Money back without question if HUNT'S SALVE fails in the treatment of ITCH, ERYZEMA, RINGWORM, TINEA, or other itching skin diseases. Price 50c at drug stores, or direct from A. R. Hunt's Medicine Co., St. Louis, Mo.

Hate knows no age but death.

Speedy Relief From Habitual Constipation

The liver is the largest and most important organ in the body, and when the liver refuses to act, it causes constipation, biliousness, headaches, indigestion, sour stomach, bad breath, dysentery, diarrhoea, pains in back and under shoulders, blades and under ribs on right side. These symptoms lead to colds, influenza or other serious troubles unless corrected immediately.

An inactive liver places an extra burden on the kidneys, which overtax them and causes the blood to absorb and carry into the system the impurities that the liver and kidneys have failed to eliminate.

When you treat the liver alone, you treat only a third of your trouble, and that is why many fail to take purgatives every few nights. Calomel or other ordinary laxatives do not go far enough. If you would treat your kidneys and blood while treating the liver, you would put your entire system in order and frequent purgatives would be unnecessary.

Dr. W. L. Hitchcock many years ago recognized these important facts, and after much study and research, compounded what is now known as Dr. Hitchcock's Liver, Kidney and Blood Purifiers, three medicines combined in one. This was the Doctor's favorite prescription for many years, being used by his patients with marked success. It is a harmless vegetable remedy that will not make you sick and you may eat anything you like while taking it.

Get a large tin box from your druggist or dealer for 25c, under his personal guarantee that it will give relief, tone up the liver, stimulate the kidneys to healthy action and thereby purify the blood. If your dealer will not supply you, it will be mailed direct by the Hitchcock Medicine Co., Atlanta, Ga., upon receipt of price.—Adv.

It's a cold day when the palm leaf fan gets left.

Why buy many bottles of other Yarnafuch, when one bottle of Dr. Perry's "Peach Shave" will act surely and promptly?

Never judge the wait of a young widow by her sighs.

The next time you buy calomel ask for

Calotabs

The purified and refined calomel tablets that are nauseateless, safe and sure.

Medicinal virtues retained and improved. Sold in small, handy packages.

THE ONLY PLACE IN THE WORLD WHERE THE CALOMEL TABLETS ARE MADE.

Live Stock News

COMMON SCAB AMONG SHEEP

During Past Decade Great Progress Has Been Made in Eradication of Aliment.

Common scab, was formerly the greatest drawback to the sheep industry of the United States, but during the past decade great progress has been made in its eradication. The system of grazing sheep on the open ranges of the western part of the United States was such that the flockmasters had great difficulty in keeping the flock free from the scab. The sheep were very frequently exposed to the disease by infectious ranges and trails, picking up "strays" from infected flocks, and in many other ways. It became desirable for the department of agriculture to extend aid to the



An Advanced Case of Scab, Showing Area Denuded of Wool.

Industry by controlling the interstate movement of sheep to prevent the carrying of the infection from one state to another.

Scab is exceedingly contagious and is transmitted by direct contact with animals or objects that are carriers of the mites. Although unable to propagate except on sheep, the mites may be harbored temporarily by animals other than sheep and may live on goats for a long period.

A flock of scabby sheep will infect the roads, trails, sheds, yards, bed grounds, pastures, ranges, and the ground around the watering places. It is therefore important that the flock receive proper treatment as soon as the disease appears, before the infection becomes scattered over the premises.

SCIENTIFIC FEEDING IS BEST

Supply Food in Right Proportions to Meet Requirements Without Waste of Nutrients.

To supply food in the right proportion to meet the various requirements of the animal, without a waste of food nutrients, constitutes scientific feeding. It is by carefully studying the composition of feeding stuffs, the proportion in which they are digested by different animals and under different conditions, and the requirement of animals for the various food nutrients when at rest, at work, giving milk, producing wool, mutton, beef, pork, etc., that the principles of feeding have been worked out. In applying these principles in practice the cost and special adaptations of different feeding stuffs must, of course, be taken into account.

SIRES TO AID FUR BEARERS

"Better Sires—Better Stock" Campaign Indorsed by Breeders and Fanciers' Association.

The National Breeders and Fanciers' Association of America has indorsed the "Better Sires—Better Stock" movement. Through its secretary, the association has notified the United States department of agriculture of its aim, through better sires, to improve the quality of fur-bearing animals raised in confinement.

In addition to raising animals kept primarily for fur, members of the association also breed such creatures as rabbits, turtles, and mice used for pets and scientific purposes. The value of pure-bred sires is especially great for classes of animals like those mentioned because of their prolificacy.

DECLINE IN BREEDING SOWS

Decrease of 9.9 Per Cent Is Noted by Bureau of Estimates—States Affected.

Breeding sows declined 9.9 per cent during the year ending April 1, 1920, according to investigations of the bureau of crop estimates. The same number of these animals for both years is reported for South Carolina and Georgia, and increases for Florida, Texas, and New Mexico. The heaviest declines were noted in Massachusetts, Indiana, Illinois, Missouri, North Dakota, Nebraska, Kansas, Kentucky, Tennessee, Montana, Wyoming, Colorado, Arizona, Utah, and Idaho.

PLAN FOR BETTER STOCK

Boost better live stock in your community.

Advertise judiciously. Exhibits at the county, state and other larger live stock shows.

Remember that a satisfied purchaser is your best advertisement. So be prompt in registering and transferring animals and make good all guarantees.

Broad Shows as Features. Large, well equipped, clean, and comfortable.

Good Shows as Features. Large, well equipped, clean, and comfortable.

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CALOMEL DYING FAST IN SOUTH

"Doseon's Liver Tonic" Is Taking the Place of Dangerous, Sickening Drug.

You're bilious, sluggish, constipated and believe you need the dangerous calomel to start your liver and clean your bowels.

Here's Doseon's guarantee! Ask your druggist for a bottle of Doseon's Liver Tonic and take a spoonful tonight. If it doesn't start your liver and straighten you right up better than calomel and without griping or making you sick I want you to go back to the store and get your money.

Take calomel today and tomorrow you will feel weak and sick and nauseated. Don't lose a day's work. Take a spoonful of harmless, vegetable Doseon's Liver Tonic tonight and wake up feeling great. It's perfectly harmless, so give it to your children any time. It can't salfate so let them eat anything afterwards.—Adv.

But few men never live long enough to realize their own unimportance.

MOTHER!

"California Syrup of Figs" Child's Best Laxative



Accept "California" Syrup of Figs only—look for the name California on the package, then you are sure your child is having the best and most harmless physic for the little stomach, liver and bowels. Children love its fruity taste. Full directions on each bottle. You must say "California"—Adv.

It's easy to plant a mortgage on a farm, but it isn't so easy to raise it.

Important to all Women Readers of this Paper

Thousands upon thousands of women have kidney or bladder trouble and never suspect it.

Women's complaints often prove to be nothing else but kidney trouble, or the result of kidney or bladder disease.

If the kidneys are not in a healthy condition, they may cause the other organs to become diseased.

You may suffer from in the back, headache and loss of ambition.

Poor health makes you nervous, irritable and may be dependent; it makes any one so.

But hundreds of women claim that Dr. Kilmer's Swamp-Root, by restoring health to the kidneys, proved to be just the remedy needed to overcome such conditions.

Many need for a sample bottle to see what Swamp-Root, the great kidney, liver and bladder medicine, will do for them.

By enclosing ten cents to Dr. Kilmer & Co., Binghamton, N. Y., you may receive sample size bottle by Parcel Post. You can purchase medium and large size bottles at all drug stores.—Adv.

Advice that doesn't agree with one's inclination is hard to swallow.

A torpid liver condition prevents proper assimilation. "Tune up" your liver with Wright's Peppermint Pills. They act gently and surely.—Adv.

There is no wisdom like frankness.—Disraeli.

DO ALL MY HOUSEWORK

Before I took Lydia E. Pinkham's Vegetable Compound I could hardly stand, says Mrs. Kwarinski.

Chicago, Ill.—"I suffered with displacement and irregularities and I did not know what to do. My mother advised me to take Lydia E. Pinkham's Vegetable Compound and use the S. and N. Wash so I took her advice and used these remedies and cured myself. I feel fine and do all my housework which I could not do before, as I could hardly stand up and I have three healthy children. You can use this letter if you wish for your remedy is certainly wonderful for sick, run down women."

Mrs. A. KWARINSKI, 3227 W. Oakdale Ave., Chicago, Ill.

For forty years Lydia E. Pinkham's Vegetable Compound has been making women strong and well, relieving backache, nervousness, ulceration, and inflammation, displacements, irregularities, and periods, etc. It has saved many women from the danger of life.

Women who are invited to

stand up and I have three healthy children. You can use this letter if you wish for your remedy is certainly wonderful for sick, run down women."

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GARDENERS SHOULD REPLANT WITH CROPS FOR FALL AND WINTER USE



Making the Best of the Replanting Season—Hoing His Second Crop of Snap Beans.

(Prepared by the United States Department of Agriculture.)

To get the most out of the home garden a number of crops, such as snap beans, beets, lettuce, radishes and peas, should be planted at intervals to insure a continuous supply. In the case of snap beans as many as five plantings may be made in some sections of the country.

In the southern part of the United States special attention should be given to the late planting of the semi-annual crops for late fall and winter use. These crops include spinach, kale, cabbage, collards, turnips, lettuce, and winter onions.

The late-planted crops generally give the best vegetables for winter storage. Beans, peas, carrots and beets for canning purposes should be grown very early in the season or quite late, in order to get the finest quality of canned goods.

A late-planted crop of snap beans often yields an abundant supply of very tender pods, which are ready for canning just before the first frosts. These usually make a better quality of canned product than do those grown at a time when they mature during the heated portion of the season.

Too much stress cannot be placed upon the need for gardeners to produce Irish potatoes during the remainder of the season. It is now time to begin thinking about planting a late crop in sections where a late crop is grown.

In the southern part of the United States a late crop may be planted in July or August, provided enough moisture is in the ground to give the seed a start.

Gardeners are advised to plant the standard crops and varieties, leaving the fancy kinds of vegetables and the novelties of their list.

Throughout the greater portion of the South a very excellent crop of

FAST WIRE SERVICE GIVES PROMPT NEWS

Information Is Vital to Intelligent Food Distribution.

Telegraphic Reports Sent From Big Market Centers Every Fifteen Minutes During Day—Much Spoilage Is Avoided.

The federal bureau of markets news services on live stock and meats, hay, feeds and seeds, and dairy products, and fruits and vegetables, are designed to keep before producers, distributors and consumers a picture of the movement of important crops to market, the supplies arriving in all of the principal consuming and distributing centers and the wholesale prices prevailing in each.

To make its reports of the greatest practical usefulness, the bureau has equipped itself with the fastest system of communication available. Its branch offices in the great consuming and distributing markets are connected with leased telegraph lines and operated by battery telegraphers.

These wires are busy from eight to twelve hours a day in the transmission of market information which is vital to intelligent and systematic food distribution.

From the time the live stock markets open in the morning until the close of the day's business, the bureau's representatives at Chicago, Kansas City, Omaha and East St. Louis send out a telegraphic report from one or the other of these markets every 15 minutes.

The sales of live stock in the Chicago yards alone average more than \$3,000,000 a day and the value of the live stock sold in the public stock yards of this country is more than \$5,000,000,000 annually—figures indicating the importance of supplying information that is authoritative.

When a market is oversupplied with a product, particularly a highly perishable fruit or vegetable, a great waste results. The product spoils and becomes unfit for use and the dealers suffer a financial loss on account of this spoilage and also on account of the fact that they must sell their stocks at a sacrifice.

Gluts of this kind used to occur frequently and were nearly always coincident with a scarcity of food in another place. Since the market news service on fruits and vegetables was instituted, this situation has improved materially.

Standardization of Vegetables.

Plant a succession of lettuce, radishes, peas, beans, sweet corn, peas, etc. A planting about every two weeks is right.

Health-Dealing Peas.

Peas are not growned in many animals' diets.

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"What Killed Bill?"

Every man, woman and child in the world has "Liver Trouble" sometimes. Many of them die from it and never realize it. No one in this. And folks are learning better. Thousands have found out that Dr. Thacher's Liver and Blood Syrup will relieve "Liver Troubles". Will keep the bowels open and the blood rich and red. You ought to try this old doctor's prescription—before "Liver Trouble" gets in its deadly work on you—like it did on "Bill." Get it from your drug store.

"Some Sort of Liver Trouble!"

Man and Wife. All Run-Down From Farm Work. Were Greatly Helped by Ziron.

"My wife and I, after a hard spring on the farm, were tired and run-down," says Mr. E. B. Mulkey, of Route 1, Acworth, Ga. "We neither felt well. I knew my blood was bad, as I had little boils on the back of my neck."

"We felt we needed a builder. We had heard of Ziron and thought it must be what we needed. It certainly was. We took it faithfully, and after a week or such matter we began to feel better. My wife felt like cooking, and I sure felt like eating."

When a man knows how to do everything he very seldom does anything.

"Ziron sure did us good. It made us both feel stronger and better for the fall work, which everyone knows is 'some work' on a farm. My boils began to dry up, though just at first they seemed worse."

"We are much better and can highly recommend Ziron, and gladly do so for it sure did us good."

Ziron is a safe, reliable, tonic medicine, good for men, women and children, when an iron tonic is indicated. It is easy to take and contains no habit-forming drugs.

Ask your druggist or dealer.

ASPIRIN

Name "Bayer" on Genuine

"Bayer Tablets of Aspirin" is genuine Aspirin proved safe by millions and prescribed by physicians for over twenty years. Accept only an unbroken "Bayer package" which contains proper directions to relieve Headache, Toothache, Earache, Neuralgia, Rheumatism, Colds and Pains. Handy tin boxes of 12 tablets cost few cents. Druggists also sell larger "Bayer packages." Aspirin is trade mark Bayer Manufacture Monocetacidester of Salicylic Acid.—Adv.

If you can't scatter sunshine, scatter compliments.

To Have a Clear Sweet Skin. Touch pimples, redness, roughness or itching. If any, with Cuticura Ointment, then bathe with Cuticura Soap and hot water. Rinse, dry gently and dust on a little Cuticura Talcum to leave a fascinating fragrance on skin. Everywhere 25c each.—Adv.

Important to Mothers. Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it bears the Signature of J. C. H. Fitch.

In Use for Over 30 Years. Children Cry for Fletcher's Castoria

WILL HONOR EARLY PRINTER

Anniversary of Birth of Christophe Plantin to Be Appropriately Commemorated in August.

The four hundredth anniversary of the birth of Christophe Plantin, the noted French printer of the sixteenth century, will be commemorated with appropriate ceremonies in Antwerp during August. Plantin was a son of Belgium only through adoption. He was born somewhere in historic Tournai.

It was the peculiar achievement of Plantin to bring honor and glory to the printer's trade in the days of its infancy. With a keen appreciation of the beauties of literature, Plantin delighted in perfecting his workman in order that these beauties might be published in the most attractive form possible, although his tools were those of a common workman. His chief-d'oeuvre was the famous Biblia polyglotta, published in 1569-1572—an attempt at a scientific revision of the text of the Old and New Testaments. It was published in the Greek, Hebrew, Syriac and Chaldean languages. As a result of this monumental work Plantin received from King Philip of Spain the title "prototypographus regius" and the right to print all the liturgical books for the states embraced in King Philip's far-flung empire.

For a minute he was appalled—his wife. But bravely he rallied and began to compose a grace. He gave one sentence, hesitated and then to his wife's horror, plunged into the middle of his speech. "He finished it. Of course every one was amazed, his wife most of all, for you see he even used his practiced gestures."

Suspicious Hurt. "He came out of his first battle wounded in the heel." "Humph; that must have been a running sore."

Motive. "I am going on a diet." "To reduce your weight?" "No, to reduce my expenses."

Good Judgment leads thousands of housewives to serve

Grape-Nuts

In place of foods that require hours of drudgery in a hot kitchen. Needs No Sugar Comes ready to eat from the package.

"There's a Reason" for Grape-Nuts

